

Arizona

WIC

Training Manual

2004

A Self-Paced Manual for WIC Staff

Arizona Department of Health Services
Women, Infants, and Children
150 North 18th Avenue Suite 310
Phoenix, AZ 85007

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(* to be added)

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DRAFT

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Introduction

Welcome

Welcome to the *Arizona WIC Training Manual*.

Purpose

This manual was designed for you to learn independently at your own pace. It was designed mainly for paraprofessionals so they can become Community Nutrition Workers (CNWs). (Titles may vary according to agency).

Other WIC staff can also use this manual to:

- “brush up” on their skills,
 - review content, and / or
 - learn new information.
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Content

This manual covers the 8 tasks for certification. Each of these tasks is split into learning modules.

Learning Modules

There are 24 learning modules. Each of these learning modules has 7 sections. These are:

- Overview,
 - Content,
 - Glossary,
 - Progress Check,
 - Learning Activities, and
 - Progress Check answers.
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Glossary

Words that you may not be familiar with have been underlined. Definitions for these words can be found in the Glossary at the end of each module.

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Introduction (continued)

Glossary (continued)

As an example, look at the following sentence from *Task IV Module B: Participant-Centered Individual Education*:

“Staging is an important part of the individual education process.”

If you were not familiar with the word “staging” you could look it up in the Glossary at the end of the module. You would find the word “staging” listed and defined as “deciding what stage of change a participant is in at the time of the session.”
